



# Systematic Reviews of Interventions Focused on Child and Adolescent Mental Health

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*By topic, published in the Cochrane Database of Systematic Reviews, Database of Abstracts of Reviews of Effects (DARE), and Campbell Collaboration Library of Systematic Reviews*

An updated search by the library at the Centre for Child and Adolescent Mental Health, Eastern and Southern Norway (RBUP). This most recent search was undertaken by librarians Sølvi Biedilæ and Brynhildur Axelsdottir in September 2011.

<http://www.r-bup.no/> [biblioteket@r-bup.no](mailto:biblioteket@r-bup.no)

This list of reviews includes systematic reviews of child and adolescent mental health. We have organised these under the following topic headings: 1. The condition/diagnosis of the child/adolescent and other specific topics, 2. Reviews of interventions: treatment and prevention, and 3. Reviews on specific groups: age-groups, parents, etc.

The headings are intended to guide readers to sets of reviews that could be relevant. We have based the groupings primarily on the titles and abstracts, and most often have used liberal criteria for inclusion within a topic. A review may therefore be presented under more than one heading.

Sonja Heyerdahl, MD, a researcher at RBUP, contributed to the categorisation of the reviews and provided general advice on the publications.

We have not included reviews on:

- Substance abuse or prevention
- Crime, crime prevention, or crime relapse prevention
- Education or school achievement or literacy
- Mental health in children and adolescents with somatic diseases or physical disabilities
- Teenage pregnancy prevention

### **What is a systematic review?**

The purpose of a systematic review is to sum up the best available research on a specific question. This is done by using transparent procedures to find, evaluate and synthesise the results of relevant research. Procedures are explicitly defined in advance to ensure that the exercise is transparent and can be replicated, and they are designed to minimise bias.

Studies that are included in a review are screened for quality so that the findings of a large number of studies can be combined. Peer review is a key part of the process; qualified independent researchers peer review and evaluate the methods and results used by review authors.

A systematic review must have:

- Clear inclusion/exclusion criteria
- An explicit search strategy
- Systematic coding and analysis of included studies
- Meta-analysis (where possible)

[\(The Campbell Collaboration's website\)](#)

Systematic reviews are important

For practitioners, policymakers and researchers, access to up-to-date summaries of relevant and trustworthy research will inform decisions and contribute to doing more good than harm. Hence, the work carried out by the Cochrane and Campbell Collaborations is important, building a global library of systematic reviews of interventions and diagnostic tools across the fields of health, social work, crime and justice, and education. We have gathered reviews relevant to children and adolescents from these sources as well as other systematic reviews critiqued by the Centre for Reviews and Dissemination, and listed in DARE.

### **Campbell Collaboration Library of Systematic Reviews**

The Campbell Collaboration is an international research network that produces systematic reviews of the effects of social interventions. It is based on voluntary cooperation among researchers from a variety of backgrounds.

<http://www.campbellcollaboration.org/library.php>

[\(The Campbell Collaboration's website\)](#)

### **Cochrane Database of Systematic Reviews**

The Cochrane Collaboration is a group of over 28,000 volunteers from more than 100 countries who review the effects of healthcare interventions. The results of these systematic reviews are published in the Cochrane Library.

<http://www.thecochranelibrary.com>

[\(Wikipedia\)](#)

### **Database of Abstracts of Reviews of Effects (DARE)**

DARE contains summaries of systematic reviews published in various journals and which have met strict quality criteria. Each summary also provides a critical commentary on the quality of the review.

<http://www.thecochranelibrary.com>

[\(The University of York's website\)](#)

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## Conditions / Topics

### Abuse / Neglect / Maltreatment / Disadvantaged Parents

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## Anxiety

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### Autism Spectrum Disorders

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